

SUFFOLK NEW COLLEGE SPORTS CENTRE

TO BOOK

- Visit Pitchbooking.com
- Search for Suffolk New College Sports Centre
- Click on the events and find all our Summer Holiday Activities.
- Pre-booking is essential. Some courses might be cancelled at short notice.
- If you have any questions please feel free to contact us by calling 01473 219439 or email sportscentre@suffolk.ac.uk



Casual Basketball(Ages 8+)

24th, 31st July 7th, 14th, 21st August, 10am - 4pm | FREE!

Our full size basketball court is available for anyone to come and play basketball, all equipment is supplied. Why not get a group of friends together and come and shoot some hoops? The courts are available anytime between 10am - 4pm.

Toddler Fun (Ages 18 months - 4)

25th July, 8th & 22nd August, 10:30am - 11:30am | £4.50 Per Person

A fun session of soft play, toddler trampolining, inflatable fun, balls and a large bouncy castle to wear those little ones out

Glow In the Dark Volleyball (Ages 8+)

27th July, 2pm - 3pm | FREE

Volleyball with a difference, come try our fun glow in the dark session. No experience necessary

2-day Trampoline Course (Age 5+)

25th/26th July, 8th/9th or 22nd/23rd August, 2pm - 3:15pm | £15.00 for 2 days

Come and enjoy the fun of trampolining, and learn how to develop your skills while working on the British Gymnastics badge scheme.

This course is taught by a qualified British Gymnastics coach.

Can all children wear socks, sports clothing and tie long hair back. Children under 7 must have a responsible adult with them at all times

Indoor Futsal (Age 8-10 or Age 11-14)

1st August, Ages 8-10, 10am - 11am | Ages 11-14, 11:15am - 12:15pm | £5.00 Per Person

Come and play some futsal in the sports hall, drills and games will be hosted by Sports Centre Staff.

Table Tennis, Dodgeball, Soft Tennis and Spikeball

3rd & 17th August, 10am - 4pm | FREE

Come down and try out these 4 different sports. Come along with friends or by yourself and get involved. All abilities welcome.

Family Fun Sports Session

27th July, 16th & 23rd August, 11am - 12:30pm, | £10.00 per family (Max 5 people)

Bring your family down and challenge your family members to a variety of sports and activities and learn new skills together. Session Includes: Trampolining, Obstacle Course, Indoor Football, Tchoukball and Dodgeball.

Corner Sports & Obstacle Course

10th August, 9am - 12pm 1pm - 4pm | FREE!

A multi sport game where the objective is to get the other teams out to become the winners

Trampoline and DMT (Age 7+)

4th & 18th August, 1pm - 2pm | £5.00 per person

Come and take part in casual trampolining and "have a go" at Double mini trampolining, this is a fun for all sport for both budding gymnasts and parkour athletes. This is cross between a trampoline and a trampette and we can teach you all the basics to enable you to jump on and off the apparatus safely learning different skills up to somersaults (depending on ability)

Inflatable Fun and Casual Trampolining (Age U12's)

25th July, 8th & 22nd August, 12:30pm - 1:30pm | £4.50

Come and have a fun session with our bouncy castle and casual trampolining session!

4v4 Volleyball (Age 8+)

2nd August, 10am - 4pm | FREE!

Volleyball session for all abilities including beginners