



Suffolk
New
College

Leisure Learning Programme

2009/2010



Telephone
enrolment
available from
12 August
01473 343666

Send to: Leisure Learning Programme, Suffolk New College, IP4 1LT

BOOKING FORM Leisure Learning 2009/2010

PERSON CODE

The information you provide on this form may be given to the Learning and Skills Council/other funding bodies and/or Government departments or agencies. Information relating to your personal details will not normally be divulged to third parties without your consent.

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--|------------------------|--------------------------|---|---|--|--------------------------|-----------------------------------|----------|--|---|---|-------------------------|---|---|---|--|--|------|-------------------------|--------|--|--|--|
| COURSE TITLE | | | | | | | | | | | Fee £ | | | | | | | | | | | | | |
| COURSE CODE | | | | | | | | | | | Day of week | | | | | | | | | | | | | |
| COURSE TITLE | | | | | | | | | | | Fee £ | | | | | | | | | | | | | |
| COURSE CODE | | | | | | | | | | | Day of week | | | | | | | | | | | | | |
| SURNAME | | | | | | | | | | | PREVIOUS NAME (if any) | | | | | | | | | | | | | |
| FORENAME(S) | | | | | | | | | | | D | D | M | M | Y | Y | | | | | | | | |
| TITLE: Mr, Mrs, Miss, Ms, Dr. | | | | | | | | | | | DATE OF BIRTH (Required for all students) | | | | | | | | MALE | | FEMALE | | | |
| HOME ADDRESS | | | | | | | | | | | | | | | | | | | | | | | | |
| POSTCODE | | | | | | | | | | | | | EVENING TEL. NO. | | | | | | | DAYTIME TEL. NO. | | | | |
| EMAIL ADDRESS | | | | | | | | | | | | | | | | | | | | | | | | |
| Do you have an additional learning need or disability where you require support? | YES | | NO | | If Yes, please give details of support needed | | | | | | | | | | | | | | | | | | | |
| Please provide details of the volunteer that will be supporting you | NAME | | | | | | | | TEL. NO. | | | | | | | | | | | | | | | |
| Do you have any unspent criminal convictions? | YES | | NO | | If yes, please attach details | | | | | | | | | | | | | | | | | | | |
| PLEASE TICK THE BOX THAT MOST ADEQUATELY DESCRIBES YOUR ETHNIC GROUP | | | | | | | | | | | | | | | | | | | | | | | | |
| Asian or Asian British: | <input type="checkbox"/> | - Bangladeshi (11) | <input type="checkbox"/> | - Indian (12) | <input type="checkbox"/> | - Pakistani (13) | <input type="checkbox"/> | - Any other Asian background (14) | | | | | | | | | | | | | | | | |
| Black or Black British: | <input type="checkbox"/> | - African (15) | <input type="checkbox"/> | - Caribbean (16) | <input type="checkbox"/> | - Any other Black background (17) | <input type="checkbox"/> | - Chinese (18) | | | | | | | | | | | | | | | | |
| Mixed: | <input type="checkbox"/> | - White and Asian (19) | <input type="checkbox"/> | - White & Black Caribbean (20) | <input type="checkbox"/> | - Any other Mixed background (22) | <input type="checkbox"/> | - Any other (98) | | | | | | | | | | | | | | | | |
| White: | <input type="checkbox"/> | - British (23) | <input type="checkbox"/> | - Irish (24) | <input type="checkbox"/> | - Any other White background (25) | | | | | | | | | | | | | | | | | | |
| Fee remission details (if applicable) – are you: (Please tick) | | | | | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> | A Full Time Student at Suffolk New College | | <input type="checkbox"/> | Over 60 years of age | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> | Aged 16-19 in Full Time Education | | <input type="checkbox"/> | In Receipt of Means Tested Benefit (which benefit?)* | | | | | | | | | | | | | | | | | | | | |
| <input type="checkbox"/> | | | <input type="checkbox"/> | An unwaged dependant of a person in receipt of a Means Tested Benefit* *Please enclose proof of your means tested benefit so that we can verify your claim. Until we receive this, we will not be able to enrol you. | | | | | | | | | | | | | | | | | | | | |
| FEE DETAILS Please tick box to indicate how you will be paying | | | | | | | | | | | | | | | | | | | | | | | | |
| STUDENT TO PAY | <input type="checkbox"/> | CASH | <input type="checkbox"/> | CHEQUE | <input type="checkbox"/> | (Please make cheques payable to Suffolk New College) | | | | | | | | | | | | | | | | | | |
| CREDIT/DEBIT CARD | <input type="checkbox"/> | VALID FROM | | | | VALID TO | | | | | Enter 3 digit card security code (csc) (printed on – reverse of the card on signature strip last 3 digits) | | | | | | | | | | | | | |
| CARD NO. | | | | | | | | | | | | | | | | | | | | | | | | |
| CARDHOLDER'S SIGNATURE | | | | | | | | | | | ISSUE NO. (SWITCH) | | | | | | | | | | | | | |
| EMPLOYER/SPONSOR TO PAY. | Please enclose an order from your employer/sponsor. <input type="checkbox"/> | | | | | | | | | | | | | | | | | | | | | | | |
| BILLING NAME | | | | | | | | | | | SPONSOR'S NAME | | | | | | | | | | | | | |
| BILLING ADDRESS | | | | | | | | | | | SPONSOR'S POSITION | | | | | | | | | | | | | |
| POSTCODE | | | | | | | | | | | SPONSOR'S TEL. NO. | | | | | | | | | | | | | |
| Should your Employer/Sponsor refuse to make payment of your fees, or should your benefit status change, you will be invoiced for the full or pro-rata amount payable in respect of this academic year. Failure to pay is likely to result in exclusion from the course. | | | | | | | | | | | | | | | | | | | | | | | | |
| DECLARATION I have received adequate advice, guidance and support and confirm that the programme of study suits my learning needs. I agree to abide by the regulations of Suffolk New College. Data Protection Act 1998: Suffolk New College collects information about all students for various administrative, academic and health and safety reasons. In line with Data Protection Act 1998, we need your consent before we do this and by signing this form you are giving consent to the College to collect and process your personal data. Also, any photographs taken of you during class or other group activities may be used for promotional purposes. (For the full data protection statement please visit our website: www.suffolk.ac.uk/leisure_learning) I agree to allow Suffolk New College to process personal data, or other data, which the College may obtain from me or other people, including sensitive data where applicable, whilst I am a student. I agree to the processing of such data for the purposes set out in the Student Guide to Enrolment or for any other legitimate reason related to my position as a student and where relevant once I have ceased to be a student. | | | | | | | | | | | | | | | | | | | | | | | | |
| Student Signature | | | | | | | | | | | Date | | | | | | | | | | | | | |

Introduction

Welcome to the Leisure Learning Programme at Suffolk New College. This is your complete guide to all of the courses available for the 2009/10 academic year, so book now to guarantee your place for the whole year! Further details can be found on our Website: www.suffolk.ac.uk/leisure_learning. If you do not have access to the web, please call us on (01473) 343666 for more information.

Autumn 28 September 2009 – 11 December 2009 (Half Term Week 26 October – 30 October 2009)

Spring 11 January 2010 – 26 March 2010 (Half Term Week 15 February – 19 February 2010)

Summer 19 April 2010 – Monday 5 July 2010 (Half Term Week 31 May – 5 June 2010)

How to Enrol

You can enrol by post and email as soon as you receive this brochure or by telephone from 12 August 2009

(Please note that the college is moving into a new building and will not be open for business between Friday 24 July to Monday 3 August).

By post: Complete the booking form in this brochure and send it to: Leisure Learning, Suffolk New College, Ipswich IP4 1LT

By e-mail: Complete the booking form from our web page (www.suffolk.ac.uk/leisure_learning) and email it to leisure-learning@suffolk.ac.uk and we'll ring you for your payment details.

By telephone: Payment by credit or debit card only. Call (01473) 343666 weekdays only from 12 August between 10am – 4pm.

Fees

Against each course in the brochure are 3 fees, they are respectively the Full Fee, the over 60 Concession Fee and the Concessionary Fee for those eligible as described below. On Gold Club courses the concessionary rate is the standard fee and the third fee applies ONLY to those on the means-tested benefits below.

Full fee – the standard fee that is to be paid by all students, for whom none of the following apply.

Over 60 Concessionary fee – for any person over 60 years of age on 31 August 2009.

Concessionary fee – for any person, to whom the following applies:

- In receipt of: Council Tax Benefit / Disabled Person's Tax Credit / Working Tax Credit / Housing Benefit / Income Support / Job Seekers Allowance / Pension Credit.
- 16-19 in full time education and full time students at Suffolk New College.

If you wish to pay a Means Tested Benefit fee you need to send us proof of your status with your enrolment.

NB Single Person's Council Tax Benefit, Child Tax Credit and Disability Living Allowance are not eligible for concessionary fees.

Refunds

A full refund will be paid if for any reason Suffolk New College closes an advertised course (e.g. due to insufficient student numbers) before commencement. If the College has to cancel a session, every attempt will be made to re-arrange it but a refund cannot be made for single cancelled sessions.

CONTENTS

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|--|---|---|--|
|  | 4 Art Watercolour for all levels, Drawing, Portraiture, Oils, Charcoal, Screen Printing and Printmaking, Life Drawing, Modern Art |  | 14 Languages Arabic, British Sign Language, Mandarin Chinese (Beginners & 3rd Year), French, German, Japanese, Polish, Portuguese, Spanish & Italian, Beginners, Improvers, Intermediate & Advanced |
|  | 6 Aspects of the past Ancient Civilisations: Middle East, The Greeks & The Romans, Early Technologies of Islam & China, Tudors & Stuarts, Family History, History of the USAAF, Local History |  | 16 Creative Writing Beginners & Advanced |
|  | 7 Computing Introduction to the PC, Step Beyond the Basics, Web Design, EBay, Word & Excel (For Digital Imagery please see Photography) |  | 17 Music Guitar Playing Beginners, Improvers, Advanced and Singing for Beginners |
|  | 7 Cookery Caribbean, Thai, Cake Decorating, Sugarcraft, Japanese Sushi and Kanten, Scrumptious Desserts & Cakes, Easy Bakes |  | 17 Photography Black & White Film Photography, Digital SLR Cameras, Digital Imagery using Adobe Photoshop |
|  | 8 Dressmaking & Embroidery Clothing Alterations, Couture Dressmaking, Creative Embroidery Beginners & Advanced |  | 18 Special Interest Public Speaking, Sage Line 50 & Payroll, Bicycle Maintenance, Managing a Buy-to-Let Property, British Social Politics, Philosophy, English Architecture, Criminology & Bridge |
|  | 9 Crafts & Hobbies Silver Jewellery Making, Candelmaking, Jewellery Making with Silver Clay, Knitting, Beaded Jewellery, Patchwork, Appliqué and Quilting, DIY Furniture Making, Stained Glass, Decorative Cards, Silversmithing |  | 19 Gold Club Art Art History, Drawing & Watercolour Painting & Drawing |
|  | 10 Pottery & Sculpture |  | 19 Gold Club Aspects of the Past Ancient Civilisations: Middle East, The Greeks & The Romans, Early Technologies of Islam & China, Genealogy through the Internet, Britain 1660-1690, Napoleon & the Russian Revolution |
|  | 10 Floristry An introduction & Floristry for Weddings |  | 19 Gold Club Computing Beginners and Improvers, Workshop, Genealogy through the Internet |
|  | 10 Dance Sequence, Ballroom & Latin American, Tap |  | 19 Gold Club Crafts and Hobbies Patchwork, Appliqué & Quilting |
|  | 11 Fitness Body Tone |  | 20 Gold Club Fitness Movement & Exercise to Music |
|  | 11 Golf Beginners & Improvers |  | 20 Gold Club Gardens Garden Design |
|  | 12 Yoga Hatha & Ashtanga Beginners & Improvers |  | 20 Gold Club Languages French & Spanish, Beginners, Improvers & Intermediate |
|  | 13 Gardens Design | | |
|  | 13 Health & Beauty Swedish Body Massage, Aromatherapy, Full Body Makeover, Face, Neck, Hand, Foot Massage, Indian Head Massage, Reflexology, Reiki | | |

DISCLAIMER: The information in this brochure relates primarily to the 2009/2010 Academic Year. Although it is correct as at June 2009, amendments may be made from time to time without notice in relation to individual programmes and the facilities or services available from or provided by the College or Local Education Authority. The College, therefore, reserves the right to withdraw, suspend temporarily or change programmes or facilities identified in this brochure and cannot accept legal or financial liability arising as a result. **IMPORTANT NOTICE:** All students will be required, as a condition of enrolment, to abide by, and submit to, Suffolk New College's regulations and procedures as amended from time to time. Details of the current regulations and procedures are available on request from the Information Centre (01473) 296606.

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|-------------|-----|------|------------|-------|-------------|------|
|-------------|-----|------|------------|-------|-------------|------|



ART All of our art courses are run by professional artists. Nearly all will accept beginners throughout the year unless otherwise stated in the title. The drawing and watercolour classes will cover landscapes, still life, portraiture using mixed media. Class sizes are limited to ensure lots of individual tuition in a friendly relaxed atmosphere. Some of the courses will require you to purchase materials but advice on what to buy will be given at the first session.

**IPSWICH****ART Drawing and Watercolour Painting for All with Karen Ravenscroft:**

| | | | | | | | | |
|--------------------------------|-----|-------------|------------|---|-----------|--------|--------|--------|
| Copleston High School | Wed | 19:00-21:15 | 30/09/2009 | 9 | ACOWPL9E7 | £82.00 | £69.85 | £33.40 |
| | Wed | 19:00-21:15 | 13/01/2010 | 9 | ACOWPL9E8 | £82.00 | £69.85 | £33.40 |
| | Wed | 19:00-21:15 | 21/04/2010 | 9 | ACOWPL9E9 | £82.00 | £69.85 | £33.40 |
| Rushmere St Andrew Church Hall | Thu | 13:45-16:15 | 01/10/2009 | 9 | ASRARL9D7 | £91.00 | £77.50 | £37.00 |
| | Thu | 13:45-16:15 | 14/01/2010 | 9 | ASRARL9D8 | £91.00 | £77.50 | £37.00 |
| | Thu | 13:45-16:15 | 22/04/2010 | 9 | ASRARL9D9 | £91.00 | £77.50 | £37.00 |

ART Ipswich Botanical Flower Painting for Beginners with Sara Harrington:

| | | | | | | | | |
|----------------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Tower Hall, Broadlands Way | Tue | 10:00-12:00 | 29/09/2009 | 10 | ATHBFL9D7 | £81.00 | £69.00 | £33.00 |
| | Tue | 10:00-12:00 | 12/01/2010 | 10 | ATHBFL9D8 | £81.00 | £69.00 | £33.00 |
| | Tue | 10:00-12:00 | 20/04/2010 | 10 | ATHBFL9D9 | £81.00 | £69.00 | £33.00 |

ART Develop your Painting and Art Work with Annabel Mednick:

| | | | | | | | | |
|---|-----|-------------|------------|----|-----------|--------|--------|--------|
| Painting for non Beginners at Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUADPL9E7 | £81.00 | £69.00 | £33.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUADPL9E8 | £81.00 | £69.00 | £33.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 6 | AUADPL9E9 | £49.00 | £41.80 | £20.20 |

ART Portrait Painting with Annabel Mednick:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUAABL9E7 | £87.00 | £75.00 | £39.00 |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUAABL9E8 | £87.00 | £75.00 | £39.00 |
| | Tue | 19:00-21:00 | 20/04/2010 | 6 | AUAABL9E9 | £49.00 | £41.80 | £20.20 |

ART Drawing and Painting with Mixed Media with Ed Cooper:

| | | | | | | | | |
|--------------------------------|-----|-------------|------------|----|-----------|---------|---------|--------|
| Rushmere St Andrew Church Hall | Mon | 09:30-12:30 | 28/09/2009 | 10 | ASRMXL9D7 | £121.00 | £103.00 | £49.00 |
| | Mon | 09:30-12:30 | 11/01/2010 | 10 | ASRMXL9D8 | £121.00 | £103.00 | £49.00 |
| | Mon | 09:30-12:30 | 19/04/2010 | 10 | ASRMXL9D9 | £121.00 | £103.00 | £49.00 |

ART Drawing and Painting with Mixed Media with Annabel Mednick:

| | | | | | | | | |
|--------------------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Rushmere St Andrew Church Hall | Mon | 13:00-15:00 | 28/09/2009 | 10 | ASRMML9D7 | £81.00 | £69.00 | £33.00 |
| | Mon | 13:00-15:00 | 11/01/2010 | 10 | ASRMML9D8 | £81.00 | £69.00 | £33.00 |
| | Mon | 13:00-15:00 | 19/04/2010 | 6 | ASRMML9D9 | £49.00 | £41.80 | £20.20 |

ART Learning to Draw and Paint – Beginners and Improvers with Ed Cooper:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUAWPL9E7 | £81.00 | £69.00 | £33.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AUAWPL9E8 | £81.00 | £69.00 | £33.00 |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AUAWPL9E9 | £81.00 | £69.00 | £33.00 |

ART The Art of Figure Drawing with Ed Cooper:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 10 | AUALIL9E7 | £87.00 | £75.00 | £39.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AUALIL9E8 | £87.00 | £75.00 | £39.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AUALIL9E9 | £87.00 | £75.00 | £39.00 |

ART Screenprinting & Other Printmaking Techniques with Bill Balleny:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|----------|---------|--------|--------|
| Suffolk New College | Tue | 18:30-21:00 | 29/09/2009 | 10 | AUASN9E7 | £105.00 | £90.00 | £45.00 |
| | Tue | 18:30-21:00 | 12/01/2010 | 10 | AUASN9E8 | £105.00 | £90.00 | £45.00 |
| | Tue | 18:30-21:00 | 20/04/2010 | 10 | AUASN9E9 | £105.00 | £90.00 | £45.00 |


ART Life Drawing with Andrew Casey:



| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUALDL9E7 | £87.00 | £75.00 | £39.00 |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUALDL9E8 | £87.00 | £75.00 | £39.00 |
| | Tue | 19:00-21:00 | 20/04/2010 | 10 | AUALDL9E9 | £87.00 | £75.00 | £39.00 |

ART Portraiture Workshop with Sula Rubens:


| | | | | | | | | |
|----------------------------|-----|-------------|------------|---|-----------|--------|--------|--------|
| Tower Hall, Broadlands Way | Thu | 10:00-15:00 | 01/10/2009 | 4 | ATHPTL9D7 | £84.00 | £72.00 | £36.00 |
|----------------------------|-----|-------------|------------|---|-----------|--------|--------|--------|


| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|---|-----|-------------|------------|-------|-------------|------------------------|
| ART Printmaking with Judith Lockie: | | | | | | |
| Suffolk New College | Wed | 18:30-21:00 | 30/09/2009 | 10 | AUAPML9E7 | £105.00 £90.00 £45.00 |
| | Wed | 18:30-21:00 | 13/01/2010 | 10 | AUAPML9E8 | £105.00 £90.00 £45.00 |
| | Wed | 18:30-21:00 | 21/04/2010 | 10 | AUAPML9E9 | £105.00 £90.00 £45.00 |
| | Thu | 18:30-21:00 | 01/10/2009 | 10 | AUAPRL9E7 | £105.00 £90.00 £45.00 |
| | Thu | 18:30-21:00 | 14/01/2010 | 10 | AUAPRL9E8 | £105.00 £90.00 £45.00 |
| | Thu | 18:30-21:00 | 22/04/2010 | 10 | AUAPRL9E9 | £105.00 £90.00 £45.00 |
| ART Understanding Modern Art with Dr Mike Baldry: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAUML9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAUML9E8 | £80.00 £68.00 £32.00 |
| ART Watercolour Painting and Drawing Improvers with Sue Miller: | | | | | | |
| Castle Hill Community Centre | Thu | 13:00-15:30 | 01/10/2009 | 10 | ACCDBL9D7 | £101.00 £86.00 £41.00 |
| | Thu | 13:00-15:30 | 14/01/2010 | 10 | ACCDBL9D8 | £101.00 £86.00 £41.00 |
| | Thu | 13:00-15:30 | 22/04/2010 | 10 | ACCDBL9D9 | £101.00 £86.00 £41.00 |
| ART Watercolour Painting and Drawing Intermediate with Sue Miller: | | | | | | |
| Castle Hill Community Centre | Wed | 10:00-12:30 | 30/09/2009 | 10 | ACCDAL9D7 | £101.00 £86.00 £41.00 |
| | Wed | 10:00-12:30 | 13/01/2010 | 10 | ACCDAL9D8 | £101.00 £86.00 £41.00 |
| | Wed | 10:00-12:30 | 21/04/2010 | 10 | ACCDAL9D9 | £101.00 £86.00 £41.00 |
| ART Watercolour Painting and Drawing Progressive with Sue Miller: | | | | | | |
| Castle Hill Community Centre | Wed | 13:00-15:30 | 30/09/2009 | 10 | ACCDIL9D7 | £101.00 £86.00 £41.00 |
| | Wed | 13:00-15:30 | 13/01/2010 | 10 | ACCDIL9D8 | £101.00 £86.00 £41.00 |
| | Wed | 13:00-15:30 | 21/04/2010 | 10 | ACCDIL9D9 | £101.00 £86.00 £41.00 |
| WOODBRIDGE | | | | | | |
| ART Painting and Drawing with Sula Rubens: | | | | | | |
| Bealings Village Hall | Wed | 13:00-16:00 | 30/09/2009 | 10 | ALBGPL9D7 | £121.00 £103.00 £49.00 |
| | Wed | 13:00-16:00 | 13/01/2010 | 10 | ALBGPL9D8 | £121.00 £103.00 £49.00 |
| | Wed | 13:00-16:00 | 21/04/2010 | 10 | ALBGPL9D9 | £121.00 £103.00 £49.00 |
| | Wed | 10:00-12:00 | 30/09/2009 | 10 | ALBPD9D7 | £81.00 £69.00 £33.00 |
| | Wed | 10:00-12:00 | 13/01/2010 | 10 | ALBPD9D8 | £81.00 £69.00 £33.00 |
| | Wed | 10:00-12:00 | 21/04/2010 | 10 | ALBPD9D9 | £81.00 £69.00 £33.00 |
| ART Workshop with Sula Rubens at Bredfield Village Hall: | | | | | | |
| Begin Oil Painting – 3 session workshop | Mon | 10:00-15:00 | 22/02/2010 | 3 | ABFOIL9D8 | £72.00 £63.00 £36.00 |
| Begin Drawing with Charcoal – 1 day workshop | Mon | 10:00-16:00 | 02/11/2009 | 1 | ABFCHL9D7 | £36.00 £32.40 £21.60 |
| | Mon | 10:00-16:00 | 21/06/2010 | 1 | ABFCHL9D9 | £36.00 £32.40 £21.60 |
| Explore Pen & Wash – 1 day workshop | Mon | 10:00-16:00 | 08/02/2010 | 1 | ABFPWL9D8 | £36.00 £32.40 £21.60 |
| | Mon | 10:00-16:00 | 28/06/2010 | 1 | ABFPWL9D9 | £36.00 £32.40 £21.60 |
| ART Learning to Draw and Paint – Beginners and Improvers with Ed Cooper: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFAWPL9E7 | £81.00 £69.00 £33.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFAWPL9E8 | £81.00 £69.00 £33.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFAWPL9E9 | £81.00 £69.00 £33.00 |
| FELIXSTOWE | | | | | | |
| ART Drawing and Watercolour Painting for All with Karen Ravenscroft: | | | | | | |
| Community Centre, Orwell High School | Tue | 13:45-16:15 | 29/09/2009 | 9 | AFEDWL9D7 | £91.00 £77.50 £37.00 |
| | Tue | 13:45-16:15 | 12/01/2010 | 9 | AFEDWL9D8 | £91.00 £77.50 £37.00 |
| | Tue | 13:45-16:15 | 20/04/2010 | 9 | AFEDWL9D9 | £91.00 £77.50 £37.00 |
| | Wed | 09:45-12:15 | 30/09/2009 | 9 | AFEDYL9D7 | £91.00 £77.50 £37.00 |
| | Wed | 09:45-12:15 | 13/01/2010 | 9 | AFEDYL9D8 | £91.00 £77.50 £37.00 |
| | Wed | 09:45-12:15 | 21/04/2010 | 9 | AFEDYL9D9 | £91.00 £77.50 £37.00 |
| Orwell High School | Thu | 19:00-21:15 | 01/10/2009 | 9 | AORDWL9E7 | £91.00 £77.50 £37.00 |
| | Thu | 19:00-21:15 | 14/01/2010 | 9 | AORDWL9E8 | £91.00 £77.50 £37.00 |
| | Thu | 19:00-21:15 | 22/04/2010 | 9 | AORDWL9E9 | £82.00 £69.85 £33.40 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|---|-----|-------------|------------|-------|-------------|----------------------|
|  ASPECTS OF THE PAST All of our Aspects of the Past courses are taught by knowledgeable and experienced tutors. These classes are all classroom based and given in a lecture-style format although group discussion and research outside of the class time is encouraged. | | | | | | |
| IPSWICH | | | | | | |
| ASPECTS OF THE PAST Ancient Civilisations of the Middle East with Peter Keating: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUANEL9E7 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Classical Civilisations The Greeks with Peter Keating: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUANEL9E8 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Classical Civilisations: The Roman Republic with Peter Keating: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 20/04/2010 | 10 | AUANEL9E9 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Early Technology: Wonders of Islam & China with Philip Pantelis: | | | | | | |
| Suffolk New College | Thu | 19:00-21:00 | 05/11/2009 | 5 | AUAAAL9E7 | £40.00 £34.00 £16.00 |
| ASPECTS OF THE PAST The Tudors & Stuarts Part 1: The Stripping of the Altars with Simon Doney: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAVOL9E7 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST The Tudors & Stuarts Part 2: Gloriana The Elizabethan Age with Simon Doney: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAVOL9E8 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST The Tudors & Stuarts Part 3: Distant Thunder, Early Stuart England and the coming of the English Civil War with Simon Doney: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAVOL9E9 | £80.00 £68.00 £32.00 |
| WOODBIDGE | | | | | | |
| ASPECTS OF THE PAST History of The United States Army Air Forces (USAAF) with Ian McLachlan: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFAAFL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFAAFL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFAAFL9E9 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Ancient Civilisations of the Middle East with Peter Keating: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 10 | AFANEL9E7 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Classical Civilisations: The Greeks with Peter Keating: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 11/01/2010 | 10 | AFANEL9E8 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Classical Civilisations: The Roman Republic Peter Keating: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 19/04/2010 | 10 | AFANEL9E9 | £80.00 £68.00 £32.00 |
| FELIXSTOWE | | | | | | |
| ASPECTS OF THE PAST Ancient Civilisations of the Middle East with Peter Keating: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORNEL9E7 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Classical Civilisations: The Greeks with Peter Keating: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORNEL9E8 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Classical Civilisations: The Roman Republic with Peter Keating: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORNEL9E9 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST Aspects of Felixstowe's History with Margaret Durrant: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 5 | AORFHL9E7 | £40.00 £34.00 £16.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 5 | AORFHL9E8 | £40.00 £34.00 £16.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 5 | AORFHL9E9 | £40.00 £34.00 £16.00 |
| ASPECTS OF THE PAST Introduction to Family History with Michael Durrant: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORGEL9E7 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORGEL9E8 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORGEL9E9 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST The Tudors & Stuarts Part 1: The Stripping of the Altars with Simon Doney: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORVOL9E7 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST The Tudors & Stuarts Part 2: Gloriana The Elizabethan Age with Simon Doney: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORVOL9E8 | £80.00 £68.00 £32.00 |
| ASPECTS OF THE PAST The Tudors and Stuarts Part 3: Distant Thunder, Early Stuart England and the coming of the English Civil War with Simon Doney: | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORVOL9E9 | £80.00 £68.00 £32.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|--|-----|-------------|------------|-------|-------------|----------------------|
|  COMPUTING Our computing courses are taught by friendly and experienced tutors who are ready to get you back on track and up to speed with computing. We offer courses for complete beginners who have not used a computer before, to those with a little experience who wish to brush up on their skills. In addition, those who are ready for the next step might like to try eBay or website design where a knowledge of computing is needed. Class sizes are limited to ensure lots of one to one tuition and that you get the most out of these sessions. The courses have a relaxed and friendly atmosphere so there's no need to worry about asking for help. These courses are all run on PCs and use Windows software. MACs will not be used and we are unable to give advice on MACs specifically. | | | | | | |
|  IPSWICH COMPUTING A Gentle Introduction to the World of Computing and the Internet with Chris Banham: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUACNL9E7 | £84.00 £72.00 £36.00 |
| | Thu | 19:00-21:00 | 21/01/2010 | 10 | AUACPL9E8 | £84.00 £72.00 £36.00 |
| COMPUTING A Step beyond the Basics with Chris Banham: | | | | | | |
| Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 10 | AUACPL9E7 | £84.00 £72.00 £36.00 |
| | Tue | 19:00-21:00 | 19/01/2010 | 10 | AUACNL9E8 | £84.00 £72.00 £36.00 |
| COMPUTING Web Design – an Introduction with Nick Smith: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAWBL9E7 | £84.00 £72.00 £36.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAWBL9E8 | £84.00 £72.00 £36.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAWBL9E9 | £84.00 £72.00 £36.00 |




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|  WOODBRIIDGE COMPUTING eBay – From Complete Beginner to Trading with Confidence with Garry Manning: | | | | | | |
| Farlingaye High School | Wed | 18:30-21:00 | 30/09/2009 | 2 | AFAEBL9E7 | £24.00 £21.00 £12.00 |
| | Wed | 18:30-21:00 | 13/01/2010 | 2 | AFAEBL9E8 | £24.00 £21.00 £12.00 |
| | Wed | 18:30-21:00 | 21/04/2010 | 2 | AFAEBL9E9 | £24.00 £21.00 £12.00 |
| COMPUTING Internet, Email and Downloading Pictures with Garry Manning: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 14/10/2009 | 6 | AFAIEL9E7 | £52.00 £44.80 £23.20 |
| COMPUTING Master Word Processing – How to use Microsoft Word with Garry Manning: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 25/01/2010 | 8 | AFAMWL9E8 | £68.00 £58.40 £29.60 |
| | Wed | 19:00-21:00 | 05/05/2010 | 8 | AFAMWL9E9 | £68.00 £58.40 £29.60 |
| COMPUTING Spreadsheets – How to use Microsoft Excel with Garry Manning: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 27/01/2010 | 8 | AFAMXL9E8 | £68.00 £58.40 £29.60 |

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|  FELIXSTOWE COMPUTING Computing for the Terrified – For Beginners with Peter Keating: | | | | | | |
| Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AORCIL9E7 | £84.00 £72.00 £36.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AORCIL9E8 | £84.00 £72.00 £36.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AORCIL9E9 | £84.00 £72.00 £36.00 |

 **COOKERY** Come and learn some new skills in the kitchen with one of our cookery courses. Our experienced and talented tutors know exactly the recipes that will get your taste buds going and will give you step by step instructions to create some delicious dishes that will wow your friends and family. Tutors will give you recipes in advance of each session and the list of ingredients that you will need to bring with you. At the start of each session the tutor will demonstrate the recipes and will then hand over to you to have a go yourself with individual advice and guidance.

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|  IPSWICH COOKERY Caribbean Cookery with Jasmin Rowe: | | | | | | |
| Holywells High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AHWCAL9E7 | £100.00 £88.00 £52.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AHWCAL9E8 | £100.00 £88.00 £52.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AHWCAL9E9 | £100.00 £88.00 £52.00 |
| COOKERY Thai Cookery with Wanraevee Sangkapakdee: | | | | | | |
| Holywells High School | Tue | 19:00-21:00 | 29/09/2009 | 10 | AHWTCL9E7 | £100.00 £88.00 £52.00 |
| | Wed | 19:00-21:00 | 30/09/2009 | 10 | AHWTCL9E8 | £100.00 £88.00 £52.00 |
| COOKERY Cake Decorating for Beginners with Glenda Price: | | | | | | |
| Holywells High School | Wed | 17:00-19:00 | 30/09/2009 | 10 | AHWCKL9E7 | £85.00 £73.00 £37.00 |
| | Wed | 17:00-19:00 | 13/01/2010 | 10 | AHWCKL9E8 | £85.00 £73.00 £37.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|--|-----|--------------|------------|-------|-------------|------------------------|
|  COOKERY Sugarcraft for Beginners with Glenda Price: Holywells High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AHWSCL9E7 | £85.00 £73.00 £37.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AHWSCL9E8 | £85.00 £73.00 £37.00 |
| COOKERY Japanese Home Cooking Sushi and Kanten with Yukiko Edwards: Suffolk New College | Tue | 17:00-21:00 | 03/11/2009 | 1 | AUAJCL9E7 | £20.00 £17.60 £10.40 |
| | Tue | 17:00-21:00 | 23/02/2010 | 1 | AUAJCL9E8 | £20.00 £17.60 £10.40 |
| | Tue | 17:00-21:00 | 08/06/2010 | 1 | AUAJCL9E9 | £20.00 £17.60 £10.40 |
| <hr/> | | | | | | |
|  WOODBIDGE COOKERY Caribbean Cookery with Jasmin Rowe: Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 10 | AFACAL9E7 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AFACAL9E8 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AFACAL9E9 | £80.00 £68.00 £32.00 |
| COOKERY Scrumptious Desserts and Cakes with Jane Daly: Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFADCL9E7 | £80.00 £68.00 £32.00 |
| COOKERY Easy Bakes – Beginners Baking with Jane Daly: Farlingaye High School | Mon | 19:00-21:00 | 11/01/2010 | 10 | AFABKL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFADCL9E8 | £80.00 £68.00 £32.00 |
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|  CRAFT, POTTERY & SCULPTURE All of our craft courses can teach you a new hobby or allow you the time to work on your existing hobby with other like minded people. Create beautiful hand made items to give to friends and family as presents or even to sell! The tutors are highly experienced in their subject area and have access to the best retailers for materials and know the tricks of the trade from their vast experience which they are ready to share with you. Some of these classes have additional costs for materials used and advice on this will be given at the first session. Class sizes are limited to ensure lots of individual advice and guidance. | | | | | | |
|  IPSWICH DRESSMAKING & EMBROIDERY An Introduction to Making Your Own Clothing Alterations with Amy Drayson: Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUASWL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUASWL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00- 21:00 | 21/04/2010 | 10 | AUASWL9E9 | £80.00 £68.00 £32.00 |
| DRESSMAKING & EMBROIDERY Couture Dressmaking with Clare Perkins: Suffolk New College | Thu | 18:30-21:00 | 01/10/2009 | 10 | AUADML9E7 | £100.00 £85.00 £40.00 |
| | Thu | 18:30-21:00 | 14/01/2010 | 10 | AUADML9E8 | £100.00 £85.00 £40.00 |
| | Thu | 18:30-21:00 | 22/04/2010 | 10 | AUADML9E9 | £100.00 £85.00 £40.00 |
| DRESSMAKING & EMBROIDERY Experimental Creative Embroidery with Isabel Clover: (City & Guilds option available) Suffolk New College | Tue | 18:00-21:00 | 29/09/2009 | 10 | AUACRL9E7 | £120.00 £102.00 £48.00 |
| | Tue | 18:00-21:00 | 12/01/2010 | 10 | AUACRL9E8 | £120.00 £102.00 £48.00 |
| | Tue | 18:00-21:00 | 20/04/2010 | 10 | AUACRL9E9 | £120.00 £102.00 £48.00 |
| DRESSMAKING & EMBROIDERY Experimental Creative Embroidery Advanced with Isabel Clover: (City & Guilds option available) Suffolk New College | Mon | 18:00-21:00 | 28/09/2009 | 10 | AUACJL9E7 | £120.00 £102.00 £48.00 |
| | Mon | 18:00-21:00 | 11/01/2010 | 10 | AUACJL9E8 | £120.00 £102.00 £48.00 |
| | Mon | 18:00-21:00 | 19/04/2010 | 10 | AUACJL9E9 | £120.00 £102.00 £48.00 |
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|  WOODBIDGE DRESSMAKING & EMBROIDERY Couture Dressmaking with Clare Perkins: Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFADML9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFADML9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFADML9E9 | £80.00 £68.00 £32.00 |
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|  FELIXSTOWE DRESSMAKING & EMBROIDERY An Introduction to Dressmaking with Amy Drayson: Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORSWL9E7 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORSWL9E8 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORSWL9E9 | £80.00 £68.00 £32.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees | | | |
|---|-----|-------------|------------|-------|-------------|---------|--------|--------|--|
| IPSWICH | | | | | | | | | |
|  CRAFTS & HOBBIES Christmas Candle Gifts with Diane Smith: | | | | | | | | | |
| Suffolk New College | Mon | 19:00-21:00 | 02/11/2009 | 4 | AUACML9E7 | £32.00 | £27.20 | £12.80 | |
| CRAFTS & HOBBIES Jewellery Making with Silver Clay with Carol Phillips: | | | | | | | | | |
| Suffolk New College | Tue | 18:45-20:45 | 06/10/2009 | 6 | AUAMJL9E7 | £48.00 | £40.80 | £19.20 | |
| | Tue | 18:45-20:45 | 19/01/2010 | 6 | AUAMJL9E8 | £48.00 | £40.80 | £19.20 | |
| | Tue | 18:45-20:45 | 04/05/2010 | 6 | AUAMJL9E9 | £48.00 | £40.80 | £19.20 | |
| | Thu | 18:45-20:45 | 08/10/2009 | 6 | AUAJML9E7 | £48.00 | £40.80 | £19.20 | |
| | Thu | 18:45-20:45 | 21/01/2010 | 6 | AUAJML9E8 | £48.00 | £40.80 | £19.20 | |
| | Thu | 18:45-20:45 | 06/05/2010 | 6 | AUAJML9E9 | £48.00 | £40.80 | £19.20 | |
| CRAFTS & HOBBIES Learn How to Knit – Modern Knitting with Anita Jones: | | | | | | | | | |
| Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUAKNL9E7 | £80.00 | £68.00 | £32.00 | |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AUAKNL9E8 | £80.00 | £68.00 | £32.00 | |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AUAKNL9E9 | £80.00 | £68.00 | £32.00 | |
| CRAFTS & HOBBIES Make your own Beaded Jewellery with Claire Madder: | | | | | | | | | |
| Suffolk New College | Mon | 18:45-20:45 | 28/09/2009 | 10 | AUABNL9E7 | £80.00 | £68.00 | £32.00 | |
| | Mon | 18:45-20:45 | 11/01/2010 | 10 | AUABNL9E8 | £80.00 | £68.00 | £32.00 | |
| | Mon | 18:45-20:45 | 19/04/2010 | 10 | AUABNL9E9 | £80.00 | £68.00 | £32.00 | |
| CRAFTS & HOBBIES Patchwork Appliqué and Quilting for All with Kim Shaw: | | | | | | | | | |
| Castle Hill Community Centre | Thu | 09:30-11:30 | 01/10/2009 | 10 | ACCPAL9D7 | £80.00 | £68.00 | £32.00 | |
| | Thu | 09:30-11:30 | 14/01/2010 | 10 | ACCPAL9D8 | £80.00 | £68.00 | £32.00 | |
| | Thu | 09:30-11:30 | 22/04/2010 | 10 | ACCPAL9D9 | £80.00 | £68.00 | £32.00 | |
| CRAFTS & HOBBIES D.I.Y. Furniture Making with Barry Kemp: | | | | | | | | | |
| Suffolk New College | Tue | 18:30-21:00 | 29/09/2009 | 10 | AUAFML9E7 | £110.00 | £95.00 | £50.00 | |
| | Tue | 18:30-21:00 | 12/01/2010 | 10 | AUAFML9E8 | £110.00 | £95.00 | £50.00 | |
| | Tue | 18:30-21:00 | 20/04/2010 | 10 | AUAFML9E9 | £110.00 | £95.00 | £50.00 | |
| CRAFTS & HOBBIES Stained Glass for Beginners & Improvers with Naomi Brangwyn: | | | | | | | | | |
| Suffolk New College | Wed | 18:45-20:45 | 30/09/2009 | 10 | AUASTL9E7 | £80.00 | £68.00 | £32.00 | |
| | Wed | 18:45-20:45 | 13/01/2010 | 10 | AUASTL9E8 | £80.00 | £68.00 | £32.00 | |
| WOODBIDGE | | | | | | | | | |
|  CRAFTS & HOBBIES Create Your Own Decorative Cards & Boxes with Julie Hodges: | | | | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFADBL9E7 | £80.00 | £68.00 | £32.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFADBL9E8 | £80.00 | £68.00 | £32.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFADBL9E9 | £80.00 | £68.00 | £32.00 | |
| CRAFTS & HOBBIES Jewellery and Silversmithing with Stephen Anderson: | | | | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 10 | AFAJAL9E7 | £80.00 | £68.00 | £32.00 | |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AFAJAL9E8 | £80.00 | £68.00 | £32.00 | |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AFAJAL9E9 | £80.00 | £68.00 | £32.00 | |
| | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFAJBL9E7 | £80.00 | £68.00 | £32.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFAJBL9E8 | £80.00 | £68.00 | £32.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFAJBL9E9 | £80.00 | £68.00 | £32.00 | |
| FELIXSTOWE | | | | | | | | | |
|  CRAFTS & HOBBIES Creative Card Designing and Making with Sandra Meyrick: | | | | | | | | | |
| Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 5 | AORCCL9E7 | £40.00 | £34.00 | £16.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 5 | AORCCL9E8 | £40.00 | £34.00 | £16.00 | |
| CRAFTS & HOBBIES Silver Jewellery Making with Ann Rowe: | | | | | | | | | |
| Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORJBL9E7 | £82.00 | £70.00 | £34.00 | |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORJBL9E8 | £82.00 | £70.00 | £34.00 | |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees | |
|--|---|-------------|-------------|------------|-------------|-----------------------|----------------------|
|  HADLEIGH AND EAST BERGHOLT CRAFTS & HOBBIES Patchwork & Quilting for Beginners with Julie Hodges: East Bergholt High School | Mon | 19:15-21:15 | 28/09/2009 | 10 | AEBPQL9E7 | £80.00 £68.00 £32.00 | |
| | Mon | 19:15-21:15 | 11/01/2010 | 10 | AEBPQL9E8 | £80.00 £68.00 £32.00 | |
| | Mon | 19:15-21:15 | 19/04/2010 | 10 | AEBPQL9E9 | £80.00 £68.00 £32.00 | |
| | | | | | | | |
|  IPSWICH POTTERY & SCULPTURE Pottery for All with Lesley Nicole Benneworth: Holywells High School | Tue | 19:00-21:00 | 29/09/2009 | 10 | AHWPTL9E7 | £104.00 £92.00 £56.00 | |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AHWPTL9E8 | £104.00 £92.00 £56.00 | |
| | Tue | 19:00-21:00 | 20/04/2010 | 10 | AHWPTL9E9 | £104.00 £92.00 £56.00 | |
| | Wed | 19:00-21:00 | 30/09/2009 | 10 | AHWPOL9E7 | £104.00 £92.00 £56.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AHWPOL9E8 | £104.00 £92.00 £56.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AHWPOL9E9 | £104.00 £92.00 £56.00 | |
|  POTTERY & SCULPTURE Sculpture with John Freer: Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUASCL9E7 | £104.00 £92.00 £56.00 | |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUASCL9E8 | £104.00 £92.00 £56.00 | |
| | Tue | 19:00-21:00 | 20/04/2010 | 10 | AUASCL9E9 | £104.00 £92.00 £56.00 | |
| | | | | | | | |
|  WOODBIDGE FLORISTRY Floristry for Weddings with Deborah Cutts: Melton Parish Rooms | Fri | 09:30-12:00 | 02/10/2009 | 10 | AMPFWL9D7 | £100.00 £85.00 £40.00 | |
| | Fri | 09:30-12:00 | 15/01/2010 | 10 | AMPFWL9D8 | £100.00 £85.00 £40.00 | |
| | Fri | 09:30-12:00 | 23/04/2010 | 10 | AMPFWL9D9 | £100.00 £85.00 £40.00 | |
| | | | | | | | |
| | FLORISTRY Flower Arranging with Deborah Cutts: Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFAFAL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFAFAL9E8 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 19/04/2010 | 10 | AFAFAL9E9 | £80.00 £68.00 £32.00 | |
|  FELIXSTOWE FLORISTRY Flower Arranging with Deborah Cutts: Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORFAL9E7 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORFAL9E8 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORFAL9E9 | £80.00 £68.00 £32.00 | |
| | | | | | | | |
|  DANCE These courses offer you a great opportunity to learn the pleasures of dance in a friendly relaxed environment with experienced tutors. Pairs are preferred for ballroom and sequence dancing. Be the envy of your friends at the next wedding or ball and show off your newly learnt moves on the dancefloor! | | | | | | | |
|  IPSWICH DANCE Sequence Dancing Beginners with Sylvia Finbow: Copleston High School | Tue | 19:00-20:00 | 29/09/2009 | 9 | ACOSDL9E7 | £39.50 £34.10 £17.90 | |
| | Tue | 19:00-20:00 | 12/01/2010 | 9 | ACOSDL9E8 | £39.50 £34.10 £17.90 | |
| | Tue | 19:00-20:00 | 20/04/2010 | 9 | ACOSDL9E9 | £39.50 £34.10 £17.90 | |
| DANCE Sequence Dancing Improvers with Sylvia Finbow: Copleston High School | Tue | 20:15-21:15 | 29/09/2009 | 9 | ACOSEL9E7 | £39.50 £34.10 £17.90 | |
| | Tue | 20:15-21:15 | 12/01/2010 | 9 | ACOSEL9E8 | £39.50 £34.10 £17.90 | |
| | Tue | 20:15-21:15 | 20/04/2010 | 9 | ACOSEL9E9 | £39.50 £34.10 £17.90 | |
| | | | | | | | |
|  WOODBIDGE DANCE Ballroom and Latin American Dancing with Yvonne Stewart: Beginners Melton Primary School | Tue | 19:15-20:15 | 29/09/2009 | 10 | AMTDBL9E7 | £43.50 £37.50 £19.50 | |
| | Stage 2 | Tue | 19:15-20:15 | 12/01/2010 | 10 | AMTDBL9E8 | £43.50 £37.50 £19.50 |
| | Stage 3 | Tue | 19:15-20:15 | 20/04/2010 | 10 | AMTDBL9E9 | £43.50 £37.50 £19.50 |
| | | | | | | | |
| DANCE Ballroom and Latin American Dancing Improvers with Yvonne Stewart: Melton Primary School | Mon | 19:15-20:15 | 28/09/2009 | 10 | AMTDAL9E7 | £43.50 £37.50 £19.50 | |
| | Mon | 19:15-20:15 | 11/01/2010 | 10 | AMTDAL9E8 | £43.50 £37.50 £19.50 | |
| | Mon | 19:15-20:15 | 19/04/2010 | 10 | AMTDAL9E9 | £43.50 £37.50 £19.50 | |

Description Day Time Start Date Weeks Course Code Fees



WOODBIDGE

DANCE Ballroom and Latin American Dancing Intermediate with Yvonne Stewart:

| | | | | | | | | |
|-----------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Melton Primary School | Mon | 20:30-21:30 | 28/09/2009 | 10 | AMTDUL9E7 | £43.50 | £37.50 | £19.50 |
| | Mon | 20:30-21:30 | 11/01/2010 | 10 | AMTDUL9E8 | £43.50 | £37.50 | £19.50 |
| | Mon | 20:30-21:30 | 19/04/2010 | 10 | AMTDUL9E9 | £43.50 | £37.50 | £19.50 |

DANCE Ballroom and Latin American Dancing Intermediate with Yvonne Stewart:

| | | | | | | | | |
|-----------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Melton Primary School | Wed | 19:15-20:15 | 30/09/2009 | 10 | AMTDOL9E7 | £43.50 | £37.50 | £19.50 |
| | Wed | 19:15-20:15 | 13/01/2010 | 10 | AMTDOL9E8 | £43.50 | £37.50 | £19.50 |
| | Wed | 19:15-20:15 | 21/04/2010 | 10 | AMTDOL9E9 | £43.50 | £37.50 | £19.50 |

DANCE Ballroom and Latin American Dancing Advanced with Yvonne Stewart:

| | | | | | | | | |
|-----------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Melton Primary School | Wed | 20:30-21:30 | 30/09/2009 | 10 | AMTDIL9E7 | £43.50 | £37.50 | £19.50 |
| | Wed | 20:30-21:30 | 13/01/2010 | 10 | AMTDIL9E8 | £43.50 | £37.50 | £19.50 |
| | Wed | 20:30-21:30 | 21/04/2010 | 10 | AMTDIL9E9 | £43.50 | £37.50 | £19.50 |

DANCE Tap Dancing for Beginners with Sally Wood:

| | | | | | | | | |
|---------------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Woodbridge Primary School | Thu | 18:45-19:45 | 01/10/2009 | 10 | AWPTBL9E7 | £40.50 | £34.50 | £16.50 |
| | Thu | 18:45-19:45 | 14/01/2010 | 10 | AWPTBL9E8 | £40.50 | £34.50 | £16.50 |
| | Thu | 18:45-19:45 | 22/04/2010 | 10 | AWPTBL9E9 | £40.50 | £34.50 | £16.50 |



FITNESS You are required to wear comfortable clothes and shoes and bring a bottle of water.



IPSWICH

FITNESS Body Tone & Flexercise to Music with Dawn Gale:

| | | | | | | | | |
|-----------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Holywells High School | Wed | 18:30-19:30 | 30/09/2009 | 10 | AHWKFL9E7 | £40.50 | £34.50 | £16.50 |
| | Wed | 18:30-19:30 | 13/01/2010 | 10 | AHWKFL9E8 | £40.50 | £34.50 | £16.50 |
| | Wed | 18:30-19:30 | 21/04/2010 | 10 | AHWKFL9E9 | £40.50 | £34.50 | £16.50 |



FELIXSTOWE

FITNESS Exercise – Movement and Dance with Linda Horan:

| | | | | | | | | |
|--------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Orwell High School | Thu | 19:30-21:00 | 01/10/2009 | 10 | AORKFL9E7 | £60.50 | £51.50 | £24.50 |
| | Thu | 19:30-21:00 | 14/01/2010 | 10 | AORKFL9E8 | £60.50 | £51.50 | £24.50 |
| | Thu | 19:30-21:00 | 22/04/2010 | 10 | AORKFL9E9 | £60.50 | £51.50 | £24.50 |



GOLF Please wear trainers; golf clubs can be borrowed.



WOODBIDGE

GOLF Learn How to Play Golf with Stuart Robertson:

| | | | | | | | | |
|--------------------------|-----|-------------|------------|----|-----------|---------|--------|--------|
| Ufford Park Golf Academy | Sat | 14:00-15:00 | 26/09/2009 | 10 | AUGGBL9D7 | £100.00 | £90.00 | £60.00 |
| | Sat | 14:00-15:00 | 16/01/2010 | 10 | AUGGBL9D8 | £100.00 | £90.00 | £60.00 |
| | Sat | 14:00-15:00 | 24/04/2010 | 10 | AUGGBL9D9 | £100.00 | £90.00 | £60.00 |

GOLF Improve Your Golf with Stuart Robertson:

| | | | | | | | | |
|--------------------------|-----|-------------|------------|---|-----------|--------|--------|--------|
| Ufford Park Golf Academy | Sat | 15:00-16:30 | 26/09/2009 | 5 | AUGGIL9D7 | £85.00 | £67.50 | £45.00 |
| | Sat | 15:00-16:30 | 07/11/2009 | 5 | AUGGIL9D7 | £85.00 | £67.50 | £45.00 |
| | Sat | 15:00-16:30 | 16/01/2010 | 5 | AUGGIL9D8 | £85.00 | £67.50 | £45.00 |
| | Sat | 15:00-16:30 | 27/02/2010 | 5 | AUGGIL9D8 | £85.00 | £67.50 | £45.00 |
| | Sat | 15:00-16:30 | 24/04/2010 | 5 | AUGGIL9D9 | £85.00 | £67.50 | £45.00 |
| | Sat | 15:00-16:30 | 12/06/2010 | 5 | AUGGIL9D9 | £85.00 | £67.50 | £45.00 |




FELIXSTOWE




GOLF Golf for Beginners with Alastair Spink:






| | | | | | | | | |
|--------------------------|-----|-------------|------------|----|-----------|---------|--------|--------|
| Felixstowe Driving Range | Sat | 10:00-11:00 | 26/09/2009 | 10 | AFDGBL9D7 | £100.00 | £90.00 | £60.00 |
| | Sat | 10:00-11:00 | 16/01/2010 | 10 | AFDGBL9D8 | £100.00 | £90.00 | £60.00 |
| | Sat | 10:00-11:00 | 24/04/2010 | 10 | AFDGBL9D9 | £100.00 | £90.00 | £60.00 |



GOLF Golf for improvers with Alastair Spink:






| | | | | | | | | |
|--------------------------|-----|-------------|------------|----|-----------|---------|--------|--------|
| Felixstowe Driving Range | Sat | 11:15-12:15 | 26/09/2009 | 10 | AFDGIL9D7 | £100.00 | £90.00 | £60.00 |
| | Sat | 11:15-12:15 | 16/01/2010 | 10 | AFDGIL9D8 | £100.00 | £90.00 | £60.00 |
| | Sat | 11:15-12:15 | 24/04/2010 | 10 | AFDGIL9D9 | £100.00 | £90.00 | £60.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|--|-----|-------------|------------|-------|-------------|----------------------|
|  YOGA Help to release stress and tension from your body. No experience is needed unless otherwise stated in the course title, just a desire for a healthier life, young or old. You are required to wear comfortable clothes and shoes and bring a bottle of water. Bring a mat and blanket and avoid a heavy meal before the class. All of our keep fit, sport and Yoga tutors are fully qualified in their subject area and different levels of ability are catered for in each class. | | | | | | |
| IPSWICH | | | | | | |
| YOGA Sivananda Yoga Beginners with Jemma Morley: | | | | | | |
| Holywells High School | Wed | 19:30-21:00 | 30/09/2009 | 10 | AHWYBL9E7 | £60.50 £51.50 £24.50 |
| | Wed | 19:30-21:00 | 13/01/2010 | 10 | AHWYBL9E8 | £60.50 £51.50 £24.50 |
| | Wed | 19:30-21:00 | 21/04/2010 | 10 | AHWYBL9E9 | £60.50 £51.50 £24.50 |
| YOGA Ashtanga Yoga Beginners Jemma Morley: | | | | | | |
| Holywells High School | Wed | 18:15-19:30 | 30/09/2009 | 10 | AHWYAL9E7 | £50.50 £43.00 £20.50 |
| | Wed | 18:15-19:30 | 13/01/2010 | 10 | AHWYAL9E8 | £50.50 £43.00 £20.50 |
| | Wed | 18:15-19:30 | 21/04/2010 | 10 | AHWYAL9E8 | £50.50 £43.00 £20.50 |
| YOGA Sivananda Yoga Intermediate with Jemma Morley: | | | | | | |
| Suffolk New College | Mon | 19:30-21:00 | 28/09/2009 | 10 | AUAYIL9E7 | £60.50 £51.50 £24.50 |
| | Mon | 19:30-21:00 | 11/01/2010 | 10 | AUAYIL9E8 | £60.50 £51.50 £24.50 |
| | Mon | 19:30-21:00 | 19/04/2010 | 10 | AUAYIL9E9 | £60.50 £51.50 £24.50 |
| YOGA Sivananda Yoga for Beginners with Guy Eves: | | | | | | |
| Friends' Meeting House | Thu | 10:00-11:30 | 01/10/2009 | 10 | AFMYOL9D7 | £60.50 £51.50 £24.50 |
| | Thu | 10:00-11:30 | 14/01/2010 | 10 | AFMYOL9D8 | £60.50 £51.50 £24.50 |
| | Thu | 10:00-11:30 | 22/04/2010 | 10 | AFMYOL9D9 | £60.50 £51.50 £24.50 |
| YOGA Sivananda Yoga Intermediate with Guy Eves: | | | | | | |
| Friends' Meeting House | Thu | 11:30-13:00 | 01/10/2009 | 10 | AFMYIL9D7 | £60.50 £51.50 £24.50 |
| | Thu | 11:30-13:00 | 14/01/2010 | 10 | AFMYIL9D8 | £60.50 £51.50 £24.50 |
| | Thu | 11:30-13:00 | 22/04/2010 | 10 | AFMYIL9D9 | £60.50 £51.50 £24.50 |
| YOGA WOODBRIDGE | | | | | | |
| Sivananda Yoga for All with Guy Eves: | | | | | | |
| Farlingaye High School | Mon | 19:00-20:30 | 28/09/2009 | 10 | AFAYBL9E7 | £60.50 £51.50 £24.50 |
| | Mon | 19:00-20:30 | 11/01/2010 | 10 | AFAYBL9E8 | £60.50 £51.50 £24.50 |
| | Mon | 19:00-20:30 | 19/04/2010 | 10 | AFAYBL9E9 | £60.50 £51.50 £24.50 |
| YOGA FELIXSTOWE | | | | | | |
| Yoga for Beginners with Elinor Lloyd: | | | | | | |
| Orwell High School | Wed | 19:00-20:00 | 30/09/2009 | 10 | AORYBL9E7 | £40.50 £34.50 £16.50 |
| | Wed | 19:00-20:00 | 13/01/2010 | 10 | AORYBL9E8 | £40.50 £34.50 £16.50 |
| | Wed | 19:00-20:00 | 21/04/2010 | 10 | AORYBL9E9 | £40.50 £34.50 £16.50 |
| YOGA Yoga for Improvers with Elinor Lloyd: | | | | | | |
| Orwell High School | Wed | 20:15-21:15 | 30/09/2009 | 10 | AORYIL9E7 | £40.50 £34.50 £16.50 |
| | Wed | 20:15-21:15 | 13/01/2010 | 10 | AORYIL9E8 | £40.50 £34.50 £16.50 |
| | Wed | 20:15-21:15 | 21/04/2010 | 10 | AORYIL9E9 | £40.50 £34.50 £16.50 |
| HADLEIGH AND EAST BERGHOLT | | | | | | |
| YOGA Hatha Yoga for All with Elinor Lloyd: | | | | | | |
| Holbrook Village Hall | Tue | 10:00-11:30 | 29/09/2009 | 10 | AHKYBL9D7 | £60.50 £51.50 £24.50 |
| | Tue | 10:00-11:30 | 12/01/2010 | 10 | AHKYBL9D8 | £60.50 £51.50 £24.50 |
| | Tue | 10:00-11:30 | 20/04/2010 | 10 | AHKYBL9D9 | £60.50 £51.50 £24.50 |
| YOGA Yoga for All with Rod Ball: | | | | | | |
| United Reformed Church Community Room | Mon | 13:45-15:15 | 28/09/2009 | 10 | AURYOL9D7 | £60.50 £51.50 £24.50 |
| | Mon | 13:45-15:15 | 11/01/2010 | 10 | AURYOL9D8 | £60.50 £51.50 £24.50 |
| | Mon | 13:45-15:15 | 19/04/2010 | 10 | AURYOL9D9 | £60.50 £51.50 £24.50 |
| YOGA Yoga for All with Rod Ball: | | | | | | |
| East Bergholt High School | Mon | 19:15-21:15 | 28/09/2009 | 10 | AEBYOL9E7 | £80.50 £68.50 £32.50 |
| Term 2 | Mon | 19:15-21:15 | 11/01/2010 | 10 | AEBYOL9E8 | £80.50 £68.50 £32.50 |
| Term 3 | Mon | 19:15-21:15 | 19/04/2010 | 10 | AEBYOL9E9 | £80.50 £68.50 £32.50 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|--|-----|-------------|------------|-------|-------------|----------------------|
|  GARDENS Come and learn about the wonders of Garden Design. Turn your garden into a haven of flowers and shrubs. No previous experience of drawing is needed. On completion of these courses you will understand the benefits of having a well planned garden and also how to make your garden work for you. | | | | | | |
|  IPSWICH GARDENS Garden Design – Principles and Practices with Ian Seager: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAGDL9E7 | £80.00 £68.00 £32.00 |
| GARDENS The Garden Design Workshop with Ian Seager: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAGPL9E8 | £80.00 £68.00 £32.00 |
| GARDENS Garden Plants for Places and Seasons with Ian Seager: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAGPL9E9 | £80.00 £68.00 £32.00 |
|  WOODBIDGE GARDENS Introduction to Garden Design with Susan Stephenson: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 10 | AFAGDL9E7 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AFAGDL9E8 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AFAGDL9E9 | £80.00 £68.00 £32.00 |
|  HEALTH & BEAUTY These courses will teach you some wonderful stress relieving techniques aimed at relaxation and improving your well-being. Learn how to treat friends and family to a massage or makeover. Class sizes are limited to ensure lots of individual tuition. To ensure that you can continue to practice your newly learnt skills well beyond the end of the course, handouts will be given. For massage courses, you are required to bring towels/small pillow. Exact advice will be given on your enrolment receipt. For courses that use massage/aromatherapy oils, there are additional costs for the oils used which are paid directly to the tutor. | | | | | | |
|  IPSWICH HEALTH & BEAUTY An Introduction to Swedish Body Massage (Ladies only) with Faye Kent: | | | | | | |
| Suffolk New College | Mon | 18:45-20:45 | 11/01/2010 | 6 | AUASML9E8 | £48.00 £40.80 £19.20 |
| | Mon | 18:45-20:45 | 19/10/2009 | 6 | AUASML9E7 | £48.00 £40.80 £19.20 |
| HEALTH & BEAUTY Aromatherapy (Ladies only) with Maria Keeley: | | | | | | |
| Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUAARL9E7 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AUAARL9E8 | £80.00 £68.00 £32.00 |
| HEALTH & BEAUTY CARE Beauty Care: Give Yourself a Full Body Makeover with Maria Keeley: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUABCL9E7 | £80.00 £68.00 £32.00 |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUABCL9E8 | £80.00 £68.00 £32.00 |
| HEALTH & BEAUTY Face and Neck Massage with Debbie Rushbrooke: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 5 | AUAFCL9E7 | £40.00 £34.00 £16.00 |
| | Tue | 19:00-21:00 | 12/01/2010 | 5 | AUAFCL9E8 | £40.00 £34.00 £16.00 |
| | Tue | 19:00-21:00 | 20/04/2010 | 5 | AUAFCL9E9 | £40.00 £34.00 £16.00 |
| HEALTH & BEAUTY Hand and Foot Massage with Debbie Rushbrooke: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 03/11/2009 | 5 | AUAHFL9E7 | £40.00 £34.00 £16.00 |
| | Tue | 19:00-21:00 | 23/02/2010 | 5 | AUAHFL9E8 | £40.00 £34.00 £16.00 |
| | Tue | 19:00-21:00 | 01/06/2010 | 5 | AUAHFL9E9 | £40.00 £34.00 £16.00 |
| HEALTH & BEAUTY Indian Head Massage & Meditation with Debbie Rushbrooke: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAIHL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAIHL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAIHL9E9 | £80.00 £68.00 £32.00 |
| HEALTH & BEAUTY Massage for Beginners (Ladies only) with Maria Keeley: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAMSL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAMSL9E8 | £80.00 £68.00 £32.00 |
| HEALTH & BEAUTY Reflexology Workshop with Jemma Morley: | | | | | | |
| Suffolk New College | Wed | 10:00-16:00 | 28/10/2009 | 1 | AUAREL9D7 | £24.00 £20.40 £9.60 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees | |
|---|--|-------------|-------------|------------|-------------|------------------------|----------------------|
|  WOODBIDGE HEALTH & BEAUTY An Introduction to Reiki with Andrew Norman: Farlingaye High School Reiki – Level 1 | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFARKL9E7 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFARKL9E8 | £80.00 £68.00 £32.00 | |
|  FELIXSTOWE HEALTH & BEAUTY Reflexology an Introduction with Mary Anita Cronin: Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 5 | AORREL9E7 | £40.00 £34.00 £16.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 5 | AORREL9E8 | £40.00 £34.00 £16.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 5 | AORREL9E9 | £40.00 £34.00 £16.00 | |
|  HADLEIGH AND EAST BERGHOLT HEALTH & BEAUTY An Introduction to Reiki with Andrew Norman: East Bergholt High School Reiki – Level 1 | Mon | 19:15-21:15 | 28/09/2009 | 10 | AEBRKL9E7 | £80.00 £68.00 £32.00 | |
| | Mon | 19:15-21:15 | 11/01/2010 | 10 | AEBRKL9E8 | £80.00 £68.00 £32.00 | |
|  LANGUAGES It may be necessary to purchase a text book for languages courses, advice will be given at the first session. BEGINNERS – for those with no previous knowledge of the subject. Suitable for total beginners who wish to develop their skills for social use. Covers speaking and listening skills and the practical use of the language in everyday situations. IMPROVERS – for those who wish to become more proficient and develop more vocabulary and grammatical skills – consolidating the skills acquired on the beginners course. INTERMEDIATE – if you can use basic language structures and vocabulary and have a good command of the language, this course will improve your speaking, listening, reading and writing skills to reach a good level of competence. ADVANCED – for those who wish to maintain their language skills and are able to use language fairly confidently within a discussion and when listening to the spoken word. Increase your vocabulary and confidence through further consolidation and practice. | | | | | | | |
| |  IPSWICH LANGUAGES Arabic Language and Culture for Beginners with Ahmed Khat: Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUAAJL9E7 | £80.00 £68.00 £32.00 |
| | | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUAAJL9E8 | £80.00 £68.00 £32.00 |
| | | Tue | 19:00-21:00 | 20/04/2010 | 10 | AUAAJL9E9 | £80.00 £68.00 £32.00 |
| | LANGUAGES British Sign Language for Beginners with Viv King: Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUASLL9E7 | £80.00 £68.00 £32.00 |
| Mon | | 19:00-21:00 | 11/01/2010 | 10 | AUASLL9E8 | £80.00 £68.00 £32.00 | |
| Mon | | 19:00-21:00 | 19/04/2010 | 5 | AUASLL9E9 | £40.00 £34.00 £16.00 | |
| LANGUAGES Chinese Language and Culture (Mandarin) 3rd year with Suling Di: Suffolk New College | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUACBL9E8 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUACBL9E9 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUACBL9E7 | £80.00 £68.00 £32.00 | |
| LANGUAGES Chinese Language and Culture (Mandarin) Beginners with Suling Di: Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 10 | AUACAL9E7 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AUACAL9E8 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 2/04/2010 | 10 | AUACAL9E9 | £80.00 £68.00 £32.00 | |
| LANGUAGES French Advanced – Post A-Level French with Jean-Luc Duverne: Suffolk New College | Tue | 18:00-20:00 | 29/09/2009 | 30 | AUAFIL9E7 | £240.00 £204.00 £96.00 | |
| LANGUAGES German Conversation Beginners with Imke Bloomfield: Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUAGEL9E7 | £80.00 £68.00 £32.00 | |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AUAGEL9E8 | £80.00 £68.00 £32.00 | |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AUAGEL9E9 | £80.00 £68.00 £32.00 | |
| LANGUAGES German Conversation Post GCSE Intermediate with Lis Bond: Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUAGAL9E7 | £80.00 £68.00 £32.00 | |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUAGAL9E8 | £80.00 £68.00 £32.00 | |
| | Tue | 19:00-21:00 | 20/04/2010 | 10 | AUAGAL9E9 | £80.00 £68.00 £32.00 | |
| LANGUAGES Japanese Conversation Beginners with Yukiko Edwards: Suffolk New College | Wed | 18:30-21:00 | 07/10/2009 | 8 | AUAJBL9E7 | £80.00 £68.00 £32.00 | |
| | Wed | 18:30-21:00 | 13/01/2010 | 8 | AUAJBL9E8 | £80.00 £68.00 £32.00 | |
| | Wed | 18:30-21:00 | 21/04/2010 | 8 | AUAJBL9E9 | £80.00 £68.00 £32.00 | |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|---|-----|-------------|------------|-------|-------------|------------------------|
|  LANGUAGES Polish Language and Culture for Beginners with Joanna Michalak-Gray: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAPSL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAPSL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAPSL9E9 | £80.00 £68.00 £32.00 |
| LANGUAGES Polish Language and Culture for Improvers with Joanna Michalak-Gray: | | | | | | |
| Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 10 | AUAPZL9E7 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AUAPZL9E8 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AUAPZL9E9 | £80.00 £68.00 £32.00 |
| LANGUAGES Portuguese Language and Culture with Hilary Mulcahey-Banks: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAPVL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAPVL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAPVL9E9 | £80.00 £68.00 £32.00 |
| LANGUAGES Intermediate Portuguese Language and Culture with Hilary Mulcahey-Banks: | | | | | | |
| Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 30 | AUAPUL9E7 | £240.00 £204.00 £96.00 |
| LANGUAGES Spanish Conversation Beginners with Idoia Munoz-Lundy: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 13/01/2010 | 20 | AUASOL9E8 | £160.00 £136.00 £64.00 |
| LANGUAGES Spanish Conversation Intermediates with Idoia Munoz-Lundy: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 30 | AUASPL9E7 | £240.00 £204.00 £96.00 |
| LANGUAGES Spanish for the More Advanced with Marga Spilman: | | | | | | |
| Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 10 | AUASJL9E7 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AUASJL9E8 | £80.00 £68.00 £32.00 |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AUASJL9E9 | £80.00 £68.00 £32.00 |
| LANGUAGES Spanish for Improvers with Marga Spilman: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUASIL9E7 | £80.00 £68.00 £32.00 |
| | Tue | 19:00-21:00 | 13/01/2010 | 10 | AUASIL9E8 | £80.00 £68.00 £32.00 |
| | Tue | 19:00-21:00 | 21/04/2010 | 10 | AUASIL9E9 | £80.00 £68.00 £32.00 |
|  WOODBIDGE | | | | | | |
| LANGUAGES French Advanced Conversation with Fiona McDonald: | | | | | | |
| Woodbridge Youth Club, The Avenue | Thu | 09:45-11:45 | 01/10/2009 | 10 | AWYFAL9D7 | £80.00 £68.00 £32.00 |
| | Thu | 09:45-11:45 | 14/01/2010 | 10 | AWYFAL9D8 | £80.00 £68.00 £32.00 |
| | Thu | 09:45-11:45 | 22/04/2010 | 10 | AWYFAL9D9 | £80.00 £68.00 £32.00 |
| LANGUAGES French Advanced Conversation with Fiona McDonald: | | | | | | |
| Woodbridge Youth Club, The Avenue | Thu | 12:45-14:45 | 01/10/2009 | 10 | AWYFIL9D7 | £80.00 £68.00 £32.00 |
| | Thu | 12:45-14:45 | 14/01/2010 | 10 | AWYFIL9D8 | £80.00 £68.00 £32.00 |
| | Thu | 12:45-14:45 | 22/04/2010 | 10 | AWYFIL9D9 | £80.00 £68.00 £32.00 |
| LANGUAGES French Conversation Beginners with Sylvie Pinnell: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 10 | AFAFBL9E7 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AFAFBL9E8 | £80.00 £68.00 £32.00 |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AFAFBL9E9 | £80.00 £68.00 £32.00 |
| LANGUAGES French Conversation Improvers with Ahmed Khiat: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFAFCL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFAFCL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFAFCL9E9 | £80.00 £68.00 £32.00 |
| LANGUAGES French Conversation Improvers with Karen Patrick: | | | | | | |
| Woodbridge Youth Club, The Avenue | Tue | 09:45-11:45 | 29/09/2009 | 10 | AWYFBL9D7 | £80.00 £68.00 £32.00 |
| | Tue | 09:45-11:45 | 12/01/2010 | 10 | AWYFBL9D8 | £80.00 £68.00 £32.00 |
| | Tue | 09:45-11:45 | 20/04/2010 | 10 | AWYFBL9D9 | £80.00 £68.00 £32.00 |
| | Tue | 12:15-14:15 | 29/09/2009 | 10 | AWYFCL9D7 | £80.00 £68.00 £32.00 |
| | Tue | 12:15-14:15 | 12/01/2010 | 10 | AWYFCL9D8 | £80.00 £68.00 £32.00 |
| | Tue | 12:15-14:15 | 20/04/2010 | 10 | AWYFCL9D9 | £80.00 £68.00 £32.00 |
| LANGUAGES French Conversation Intermediate with Marie Catherine-Gerrish: | | | | | | |
| Bredfield Village Hall | Wed | 10:00-12:00 | 30/09/2009 | 10 | ABFFBL9D7 | £80.00 £68.00 £32.00 |
| | Wed | 10:00-12:00 | 13/01/2010 | 10 | ABFFBL9D8 | £80.00 £68.00 £32.00 |
| | Wed | 10:00-12:00 | 21/04/2010 | 10 | ABFFBL9D9 | £80.00 £68.00 £32.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees | |
|--|--|-------------|-------------|------------|-------------|----------------------|----------------------|
|  LANGUAGES Italian Conversation Beginners with Jacques Macca: Woodbridge Youth Club, The Avenue | Wed | 10:00-12:00 | 30/09/2009 | 10 | AWYILL9D7 | £80.00 £68.00 £32.00 | |
| | Wed | 10:00-12:00 | 13/01/2010 | 10 | AWYILL9D8 | £80.00 £68.00 £32.00 | |
| | Wed | 10:00-12:00 | 21/04/2010 | 10 | AWYILL9D9 | £80.00 £68.00 £32.00 | |
| LANGUAGES Italian Conversation Improvers with Jacques Macca: Woodbridge Youth Club, The Avenue | Wed | 12:30-14:30 | 30/09/2009 | 10 | AWYIIL9D7 | £80.00 £68.00 £32.00 | |
| | Wed | 12:30-14:30 | 13/01/2010 | 10 | AWYIIL9D8 | £80.00 £68.00 £32.00 | |
| | Wed | 12:30-14:30 | 21/04/2010 | 10 | AWYIIL9D9 | £80.00 £68.00 £32.00 | |
| LANGUAGES Spanish Conversation Beginners with Sarah-Jane Page: Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFASBL9E7 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFASBL9E8 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFASBL9E9 | £80.00 £68.00 £32.00 | |
|  FELIXSTOWE LANGUAGES French Conversation for Beginners with Florence Cox: Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORFBL9E7 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORFBL9E8 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORFBL9E9 | £80.00 £68.00 £32.00 | |
| LANGUAGES Italian Conversation Beginners with Jacques Macca: Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AORILL9E7 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AORILL9E8 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AORILL9E9 | £80.00 £68.00 £32.00 | |
| LANGUAGES Italian Conversation Improvers with Jacques Macca: Orwell High School | Thu | 19:00-21:00 | 01/10/2009 | 10 | AORIJL9E7 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AORIJL9E8 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AORIJL9E9 | £80.00 £68.00 £32.00 | |
| LANGUAGES Spanish Conversation for Beginners with Patricia Brynley-Jones: Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AORSBL9E7 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AORSBL9E8 | £80.00 £68.00 £32.00 | |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AORSBL9E9 | £80.00 £68.00 £32.00 | |
|  HADLEIGH AND EAST BERGHOLT LANGUAGES Spanish for Beginners with Corinna Hussey: The Lambe School, East Bergholt | Thu | 10:00-11:30 | 01/10/2009 | 10 | ALSSBL9D7 | £60.00 £51.00 £24.00 | |
| | Thu | 10:00-11:30 | 14/01/2010 | 10 | ALSSBL9D8 | £60.00 £51.00 £24.00 | |
| | Thu | 10:00-11:30 | 22/04/2010 | 10 | ALSSBL9D9 | £60.00 £51.00 £24.00 | |
| LANGUAGES Spanish for Improvers with Corinna Hussey: East Bergholt High School | Mon | 19:15-21:15 | 28/09/2009 | 10 | AEB SIL9E7 | £80.00 £68.00 £32.00 | |
| | Mon | 19:15-21:15 | 11/01/2010 | 10 | AEB SIL9E8 | £80.00 £68.00 £32.00 | |
| | Mon | 19:15-21:15 | 19/04/2010 | 10 | AEB SIL9E9 | £80.00 £68.00 £32.00 | |
|  CREATIVE WRITING Learn the wonders of creative writing with these classes, either as a beginner or with some writing experience. These courses encourage you to share your work with others and get feedback in a constructive creative environment. Just bring a love of literature. | | | | | | | |
| |  IPSWICH CREATIVE WRITING Creative Writing – Beginners with Erica Wildwood: Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUACEL9E7 | £80.00 £68.00 £32.00 |
| | | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUACEL9E8 | £80.00 £68.00 £32.00 |
| Wed | | 19:00-21:00 | 21/04/2010 | 10 | AUACEL9E9 | £80.00 £68.00 £32.00 | |
| CREATIVE WRITING Creative Writing – Advanced with Erica Wildwood: Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 10 | AUACWL9E7 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 14/01/2010 | 10 | AUACWL9E8 | £80.00 £68.00 £32.00 | |
| | Thu | 19:00-21:00 | 22/04/2010 | 10 | AUACWL9E9 | £80.00 £68.00 £32.00 | |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|-------------|-----|------|------------|-------|-------------|------|
|-------------|-----|------|------------|-------|-------------|------|



MUSIC The singing course is for all those students who wish to improve their voice and understand some music theory along the way. They will include techniques used by professional singers. All of these classes have low maximum numbers to ensure lots of individual tuition. With our guitar courses, all levels are catered for whether you're a beginner wanting to learn the basics of playing and understanding some musical notation, or an improver who already knows basic chord patterns to advanced players who are looking to learn more tricky techniques. These courses require you to bring a nylon strung guitar but taster sessions are offered if you would like to see if the course is right for you before you make a purchase.

**IPSWICH****MUSIC** Essential Basics for Singing (Beginners Level) with Wendy Charles-Davenport:

| | | | | | | | | |
|---------------------|-----|-------------|------------|---|-----------|--------|--------|--------|
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 6 | AUASGL9E7 | £48.50 | £41.30 | £19.70 |
| | Wed | 19:00-21:00 | 13/01/2010 | 6 | AUASGL9E8 | £48.50 | £41.30 | £19.70 |
| | Wed | 19:00-21:00 | 21/04/2010 | 6 | AUASGL9E9 | £48.50 | £41.30 | £19.70 |

MUSIC Guitar Playing Advanced with Anton Sadler-Key:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUAGRL9E7 | £88.00 | £76.00 | £40.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUAGRL9E8 | £88.00 | £76.00 | £40.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUAGRL9E9 | £88.00 | £76.00 | £40.00 |

MUSIC Guitar Playing Beginners with Anton Sadler-Key:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUAGBL9E7 | £88.00 | £76.00 | £40.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AUAGBL9E8 | £88.00 | £76.00 | £40.00 |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AUAGBL9E9 | £88.00 | £76.00 | £40.00 |

MUSIC Guitar Playing Improvers with Anton Sadler-Key:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 10 | AUAGIL9E7 | £88.00 | £76.00 | £40.00 |
| | Tue | 19:00-21:00 | 12/01/2010 | 10 | AUAGIL9E8 | £88.00 | £76.00 | £40.00 |
| | Tue | 19:00-21:00 | 20/04/2010 | 10 | AUAGIL9E9 | £88.00 | £76.00 | £40.00 |



PHOTOGRAPHY These courses will help you to understand all the features and settings you need to take better photos with both film or digital cameras. The Photography workshop will utilise all of the photographic resources of Suffolk New College, in order that you take photos that you are proud of. You will also be taught how to take better photos, develop your film and mount the final print. There are additional costs for chemicals used paid directly to the tutor. The Digital SLR course requires you to have a Digital SLR camera and you will be shown how to upload photos using a card reader, how to crop and create folders and understand all of the features of your camera.

**IPSWICH****PHOTOGRAPHY** Photography Workshop for Beginners & Improvers with Paul Hensel:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|---------|---------|--------|
| Suffolk New College | Mon | 18:00-21:00 | 29/09/2009 | 10 | AUAPHL9E7 | £120.00 | £102.00 | £48.00 |
| | Mon | 18:00-21:00 | 11/01/2010 | 10 | AUAPHL9E8 | £120.00 | £102.00 | £48.00 |
| | Mon | 18:45-20:45 | 19/04/2010 | 10 | AUAPHL9E9 | £80.00 | £68.00 | £32.00 |

PHOTOGRAPHY Using a Digital SLR Camera Beginners with Stephen Aldridge:

| | | | | | | | | |
|---------------------|-----|-------------|------------|---|-----------|--------|--------|--------|
| Suffolk New College | Tue | 19:00-21:00 | 29/09/2009 | 5 | AUADGL9E7 | £40.00 | £34.00 | £16.00 |
| | Tue | 19:00-21:00 | 03/11/2009 | 5 | AUADIL9E7 | £40.00 | £34.00 | £16.00 |
| | Tue | 19:00-21:00 | 12/01/2010 | 5 | AUADGL9E8 | £40.00 | £34.00 | £16.00 |
| | Tue | 19:00-21:00 | 23/02/2010 | 5 | AUADIL9E8 | £40.00 | £34.00 | £16.00 |
| | Tue | 19:00-21:00 | 20/04/2010 | 5 | AUADGL9E9 | £40.00 | £34.00 | £16.00 |
| | Tue | 19:00-21:00 | 08/06/2010 | 5 | AUADIL9E9 | £40.00 | £34.00 | £16.00 |

PHOTOGRAPHY Digital Photography Starter class for Beginners with Mike Klencher:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Mon | 19:00-21:00 | 28/09/2009 | 10 | AUADCL9E7 | £84.00 | £72.00 | £36.00 |
| | Mon | 19:00-21:00 | 11/01/2010 | 10 | AUADCL9E8 | £84.00 | £72.00 | £36.00 |
| | Mon | 19:00-21:00 | 19/04/2010 | 10 | AUADCL9E9 | £84.00 | £72.00 | £36.00 |

PHOTOGRAPHY Photoshop for Photographers with Mike Klencher:

| | | | | | | | | |
|---------------------|-----|-------------|------------|----|-----------|--------|--------|--------|
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 10 | AUACDL9E7 | £84.00 | £72.00 | £36.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AUACDL9E8 | £84.00 | £72.00 | £36.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AUACDL9E9 | £84.00 | £72.00 | £36.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|---|-----|-------------|------------|-------|-------------|----------------------|
| WOODBIDGE | | | | | | |
| PHOTOGRAPHY Digital Cameras for Beginners with Garry Manning: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 8 | AFADGL9E7 | £68.00 £58.40 £29.60 |
| | Mon | 19:00-21:00 | 05/05/2010 | 8 | AFADGL9E9 | £68.00 £58.40 £29.60 |
| SPECIAL INTEREST These courses are all taught by professionals experienced in their specialist fields. | | | | | | |
| IPSWICH | | | | | | |
| SPECIAL INTEREST Centuries of Soundbites – A History of Public Speaking with Catherine Dell: | | | | | | |
| Suffolk New College | Tue | 19:00-21:00 | 24/02/2010 | 5 | AUACSL9E8 | £40.00 £34.00 £16.00 |
| SPECIAL INTEREST Help! I've Got to Speak – A Practical Guide to Speaking in Public with Catherine Dell: | | | | | | |
| Suffolk New College | Wed | 19:00-21:00 | 30/09/2009 | 5 | AUAESL9E7 | £40.00 £34.00 £16.00 |
| SPECIAL INTEREST Introduction to SAGE Line 50 with Pippa Moss: | | | | | | |
| Suffolk New College | Tue | 18:00-20:00 | 29/09/2009 | 6 | AUAPLL9E7 | £52.00 £44.80 £23.20 |
| | Tue | 18:00-20:00 | 12/01/2010 | 6 | AUAPLL9E8 | £52.00 £44.80 £23.20 |
| | Tue | 18:00-20:00 | 20/04/2010 | 6 | AUAPLL9E9 | £52.00 £44.80 £23.20 |
| SPECIAL INTEREST Introduction to SAGE Payroll with Pippa Moss: | | | | | | |
| Suffolk New College | Mon | 18:00-20:00 | 28/09/2009 | 6 | AUAPYL9E7 | £52.00 £44.80 £23.20 |
| | Mon | 18:00-20:00 | 11/01/2010 | 6 | AUAPYL9E8 | £52.00 £44.80 £23.20 |
| | Mon | 18:00-20:00 | 19/04/2010 | 6 | AUAPYL9E9 | £52.00 £44.80 £23.20 |
| SPECIAL INTEREST Love your Bicycle – An Introduction to Bicycle Maintenance with Kevin Ablitt: | | | | | | |
| Concorde Media House, 22 Hines Road | Wed | 18:30-21:00 | 30/09/2009 | 8 | AFRBML9E7 | £80.00 £68.00 £32.00 |
| | Wed | 18:30-21:00 | 13/01/2010 | 8 | AFRBML9E8 | £80.00 £68.00 £32.00 |
| | Wed | 18:30-21:00 | 21/04/2010 | 8 | AFRBML9E9 | £80.00 £68.00 £32.00 |
| SPECIAL INTEREST Selecting, Acquiring and Managing your own Buy-to-Let Property in the UK with Lesley Snow: | | | | | | |
| Suffolk New College | Thu | 19:00-21:00 | 01/10/2009 | 8 | AUABXL9E7 | £64.00 £54.40 £25.60 |
| | Thu | 19:00-21:00 | 14/01/2010 | 8 | AUABXL9E8 | £64.00 £54.40 £25.60 |
| | Thu | 19:00-21:00 | 22/04/2010 | 8 | AUABXL9E9 | £64.00 £54.40 £25.60 |
| WOODBIDGE | | | | | | |
| SPECIAL INTEREST British Social Politics 1906 – 2006 with David Sparkhall: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFABSL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AFABSL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AFABSL9E9 | £80.00 £68.00 £32.00 |
| SPECIAL INTEREST Do you Know Your Plato from Your Descartes? An Introduction to Philosophy with Mark Fisher: | | | | | | |
| Farlingaye High School | Mon | 19:00-21:00 | 28/09/2009 | 10 | AFAPHL9E7 | £80.00 £68.00 £32.00 |
| SPECIAL INTEREST English Architecture with Mark Beesley: | | | | | | |
| Farlingaye High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AFAARL9E7 | £80.00 £68.00 £32.00 |
| FELIXSTOWE | | | | | | |
| SPECIAL INTEREST An Introduction to Criminology with Carmel Rickatson: | | | | | | |
| Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AORCRL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AORCRL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AORCRL9E9 | £80.00 £68.00 £32.00 |
| SPECIAL INTEREST Bridge for Beginners with Tony Shearman: | | | | | | |
| Orwell High School | Wed | 19:00-21:00 | 30/09/2009 | 10 | AORBBL9E7 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 13/01/2010 | 10 | AORBBL9E8 | £80.00 £68.00 £32.00 |
| | Wed | 19:00-21:00 | 21/04/2010 | 10 | AORBBL9E9 | £80.00 £68.00 £32.00 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees |
|-------------|-----|------|------------|-------|-------------|------|
|-------------|-----|------|------------|-------|-------------|------|

GOLD CLUB The Gold Club is tailored to those students over the age of 50 although they are open to all. All of these courses appear elsewhere in the brochure at different times. All classes are held at Suffolk New College unless otherwise stated.



ART British Artists 1740 – 1940 with Mark Beesley:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 14:00-16:00 | 02/10/2009 | 11 | AQQARL9D7 | £74.80 | £35.20 |
|-----|-------------|------------|----|-----------|--------|--------|

ART Drawing and Watercolour Painting for All with Karen Ravenscroft:

St. Augustines Church Hall

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 09:45-12:15 | 02/10/2009 | 9 | AQQDWL9D7 | £77.50 | £37.00 |
| Fri | 09:45-12:15 | 15/01/2010 | 9 | AQQDWL9D8 | £77.50 | £37.00 |
| Fri | 09:45-12:15 | 23/04/2010 | 9 | AQQDWL9D9 | £77.50 | £37.00 |

Suffolk New College

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 13:45-16:15 | 02/10/2009 | 9 | AQQDPL9D7 | £77.50 | £37.00 |
| Fri | 13:45-16:15 | 15/01/2010 | 9 | AQQDPL9D8 | £77.50 | £37.00 |
| Fri | 13:45-16:15 | 23/04/2010 | 9 | AQQDPL9D9 | £77.50 | £37.00 |



ASPECTS OF THE PAST Ancient Civilisations of the Middle East with Peter Keating:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 14:00-16:00 | 02/10/2009 | 10 | AQQNEL9D7 | £68.00 | £32.00 |
|-----|-------------|------------|----|-----------|--------|--------|

ASPECTS OF THE PAST Classical Civilisations – The Greeks with Peter Keating:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 14:00-16:00 | 15/01/2010 | 10 | AQQNEL9D8 | £68.00 | £32.00 |
|-----|-------------|------------|----|-----------|--------|--------|

ASPECTS OF THE PAST Classical Civilisations – The Roman Republic with Peter Keating:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 14:00-16:00 | 23/04/2010 | 10 | AQQNEL9D9 | £68.00 | £32.00 |
|-----|-------------|------------|----|-----------|--------|--------|

ASPECTS OF THE PAST Early Technology – Wonders of Islam & China with Philip Pantelis:

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 14:00-16:00 | 06/11/2009 | 5 | AQQAAL9D7 | £34.00 | £16.00 |
|-----|-------------|------------|---|-----------|--------|--------|

ASPECTS OF THE PAST Genealogy – Family History through the Internet with Chris Banham:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 11:15-13:15 | 02/10/2009 | 10 | AQQGEL9D7 | £72.00 | £36.00 |
| Fri | 11:15-13:15 | 22/01/2010 | 10 | AQQGEL9D8 | £72.00 | £36.00 |

ASPECTS OF THE PAST From Restoration to Glorious Revolution – Britain 1660-1690 with Simon Doney:

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 11:00-13:00 | 02/10/2009 | 8 | AQQVOL9D7 | £54.40 | £25.60 |
|-----|-------------|------------|---|-----------|--------|--------|

ASPECTS OF THE PAST La Grande Nation – Napoleon and the Impact of the French Wars with Simon Doney:

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 11:00-13:00 | 15/01/2010 | 8 | AQQVOL9D8 | £54.40 | £25.60 |
|-----|-------------|------------|---|-----------|--------|--------|

ASPECTS OF THE PAST Lenin's Revolution – The Russian Revolution 1894-1924 with Simon Doney:

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 11:00-13:00 | 23/04/2010 | 8 | AQQVOL9D9 | £54.40 | £25.60 |
|-----|-------------|------------|---|-----------|--------|--------|



COMPUTING Computing for Beginners with Chris Banham:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 09:00-11:00 | 02/10/2009 | 10 | AQQCPL9D7 | £72.00 | £36.00 |
| Fri | 09:00-11:00 | 22/01/2010 | 10 | AQQCPL9D8 | £72.00 | £36.00 |

COMPUTING Computing Workshop – Stage 1 Improvers with Chris Banham:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 14:00-16:00 | 02/10/2009 | 10 | AQQIEL9D7 | £72.00 | £36.00 |
| Fri | 14:00-16:00 | 22/01/2010 | 10 | AQQIEL9D8 | £72.00 | £36.00 |

ASPECTS OF THE PAST Genealogy – Family History through the Internet with Chris Banham:

| | | | | | | |
|-----|-------------|------------|----|-----------|--------|--------|
| Fri | 11:15-13:15 | 02/10/2009 | 10 | AQQGEL9D7 | £72.00 | £36.00 |
| Fri | 11:15-13:15 | 22/01/2010 | 10 | AQQGEL9D8 | £72.00 | £36.00 |




CRAFT & HOBBIES Patchwork Appliqué and Quilting with Kim Shaw:

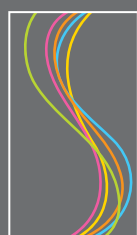
| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 14:00-15:30 | 25/09/2009 | 9 | AQQPBL9D7 | £45.90 | £21.60 |
| Fri | 14:00-15:30 | 15/01/2010 | 9 | AQQPBL9D8 | £45.90 | £21.60 |

CRAFT & HOBBIES Patchwork Appliqué and Quilting with Kim Shaw:

St. Johns Church Hall

| | | | | | | |
|-----|-------------|------------|---|-----------|--------|--------|
| Fri | 10:00-11:30 | 25/09/2009 | 9 | AQQPAL9D7 | £48.90 | £24.60 |
| Fri | 10:00-11:30 | 15/01/2010 | 9 | AQQPAL9D8 | £48.90 | £24.60 |
| Fri | 10:00-11:30 | 23/04/2010 | 9 | AQQPAL9D9 | £48.90 | £24.60 |

| Description | Day | Time | Start Date | Weeks | Course Code | Fees | |
|--|-----------------------|-------------|-------------|------------|-------------|----------------|---------------|
|  FITNESS Movement and Exercise to Music with Dawn Gale: St. Johns Church Hall | Tue | 09:45-10:45 | 29/09/2009 | 10 | AVVKFL9D7 | £34.50 £16.50 | |
| | Tue | 09:45-10:45 | 12/01/2010 | 10 | AVVKFL9D8 | £34.50 £16.50 | |
| | Tue | 09:45-10:45 | 20/04/2010 | 10 | AVVKFL9D9 | £34.50 £16.50 | |
| | Tue | 11:00-12:00 | 29/09/2009 | 10 | AVVKKL9D7 | £34.50 £16.50 | |
| | Tue | 11:00-12:00 | 12/01/2010 | 10 | AVVKKL9D8 | £34.50 £16.50 | |
| | Tue | 11:00-12:00 | 20/04/2010 | 10 | AVVKKL9D9 | £34.50 £16.50 | |
|  GARDENS Introduction to Garden Design with Susan Stephenson: | Fri | 10:00-13:00 | 02/10/2009 | 10 | AQQGDL9D7 | £102.00 £48.00 | |
| | Fri | 10:00-13:00 | 15/01/2010 | 10 | AQQGDL9D8 | £102.00 £48.00 | |
| | Fri | 10:00-13:00 | 23/04/2010 | 10 | AQQGDL9D9 | £102.00 £48.00 | |
|  LANGUAGES French Conversation Beginners with Fiona McDonald: | Fri | 09:30-11:00 | 02/10/2009 | 10 | AQQFBL9D7 | £51.00 £24.00 | |
| | Term 2 (continuation) | Fri | 09:30-11:00 | 15/01/2010 | 10 | AQQFBL9D8 | £51.00 £24.00 |
| | Term 3 (continuation) | Fri | 09:30-11:00 | 23/04/2010 | 10 | AQQFBL9D9 | £51.00 £24.00 |
| LANGUAGES French Conversation Improvers with Fiona McDonald: | Fri | 11:00-12:30 | 02/10/2009 | 10 | AQQFCL9D7 | £51.00 £24.00 | |
| | Fri | 11:00-12:30 | 15/01/2010 | 10 | AQQFCL9D8 | £51.00 £24.00 | |
| | Fri | 11:00-12:30 | 23/04/2010 | 10 | AQQFCL9D9 | £51.00 £24.00 | |
| LANGUAGES French Conversation Intermediate with Fiona McDonald: | Fri | 13:15-14:45 | 02/10/2009 | 10 | AQQFIL9D7 | £51.00 £24.00 | |
| | Fri | 13:15-14:45 | 15/01/2010 | 10 | AQQFIL9D8 | £51.00 £24.00 | |
| | Fri | 13:15-14:45 | 23/04/2010 | 10 | AQQFIL9D9 | £51.00 £24.00 | |
| LANGUAGES Spanish Conversation Beginners with Idoia Munoz-Lundy: | Fri | 13:00-14:30 | 02/10/2009 | 10 | AQQSHL9D7 | £51.00 £24.00 | |
| | Term 2 (continuation) | Fri | 13:00-14:30 | 15/01/2010 | 10 | AQQSHL9D8 | £51.00 £24.00 |
| | Term 3 (continuation) | Fri | 13:00-14:30 | 23/04/2010 | 10 | AQQSHL9D9 | £51.00 £24.00 |
| LANGUAGES Spanish Conversation Improvers with Idoia Munoz-Lundy: | Fri | 14:30-16:00 | 02/10/2009 | 10 | AQQSPL9D7 | £51.00 £24.00 | |
| | Fri | 14:30-16:00 | 15/01/2010 | 10 | AQQSPL9D8 | £51.00 £24.00 | |
| | Fri | 14:30-16:00 | 23/04/2010 | 10 | AQQSPL9D9 | £51.00 £24.00 | |



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